Ottawa County Riverview Healthcare Campus

RIVERVIEW BREEZE

DATES TO REMEMBER FOR FEBRUARY:

- **02.01—02.07 Patient Recognition Week**
- **02.03—Auxiliary Meeting @ 9:30am**
- **02.03-02.07 Foodservice Week**
- **02.04—Safety Team Meeting @ 1pm**
- **02.06 and 02.07—Quarterly All Staff Meetings—Thursday 2:30pm & 4:30pm and Friday 6:15am & 1pm**
- **02.07—Staff "Souper" Bowl Potluck @ 10am—1:30pm and 9pm—11pm**
- **02.17—President's Day (Administrative Offices will be closed)**
- **02.18—Monthly Quality Assurance Meeting @ 12:30pm**
- **02.20—Quarterly Quality Assurance Meeting @ 1:30pm**

UPCOMING DATES TO REMEMBER FOR MARCH

- **03.04—Housekeeping/Laundry/Maintenance @ 11am**
- **03.04—Riverview Safety Team @ 1pm**
- **03.07—Employee Appreciation Day**
- **03.10—03.14—LTC Administrator Week**
- **03.17—St. Patrick's Day**
- **03.18—Monthly Quality Assurance Meeting @ 12:30pm**
- **03.18 and 03.20—Dietary Meeting @ 2pm and 6:30pm**
- **03.18—03.22—Healthcare HR Professionals Week**
- **03.20—Nurses Meeting @ 6:30am and 6:30pm**
- **03.25—STNA Meeting @ 6:30am and 6:30pm**

EXCITING ANNOUNCEMENT

We could not be happier to announce that Rebecca Lenke, APRN,FNP-C, has been appointed Riverview's new Director of Nursing Services. Becky has been a mainstay at Riverview for many years, beginning her career in Dietary in 2005. Following her graduation from Owens Community College in 2011, with an Associates of Applied Science in Nursing, Becky began her nursing career at Riverview in 2012 as an RN Charge Nurse. Soon after Becky transitioned to Evening RN Supervisor before moving to the RN MDS Coordinator position. In 2020, shortly after completing her advanced practice degree as a Certified Nurse Practitioner, Becky left Riverview

for a short time to work in the private sector as a Certified Nurse Practitioner. Becky returned to Riverview in late 2021 as the Facility's Certified Nurse Practitioner and MDS Coordinator. The opportunity to employ a Certified Nurse Practitioner on staff, has been extremely beneficial to the care delivered to our residents. Becky, for the past three years, has rounded weekly with our Medical Director, and that has only enhanced the continuity of care delivered each day.

While Becky transitions into her new role as Director of Nursing Services, Emily Macko, R.N., is serving as Riverview's Interim Director of Nursing Services.

As we make the aforementioned transition with Becky, we are happy to announce that Megan Forsythe, R.N., will be stepping into her new role as MDS Coordinator later this month. Megan has been with Riverview since 2020, serving as both a night shift RN Supervisor and day shift RN Charge Nurse. We are excited for Megan in her new role as Riverview's MDS Coordinator.

TIME OUT: DOES YOUR HEART NEED A BREAK?

You wake up early, start making breakfast and lunches so you can get the kids fed, dressed and ready for the school day. Follow with eight or more hours at work, sandwiched between any other obligations you may have. Once you finally get to the end of the day, there's still dinner to be made, dishes to be cleaned and baths to be taken. Whew.

Sounds like a typical day? If it does, it might be time to pause, reassess your daily routine and discover some ways to work in a little more "me-time".

There are many benefits to taking time for yourself. A little alone time can help you recharge, improve your focus and manage stress—which is key to maintaining a healthy heart.

You may be thinking, "Sounds great, but wherein the world would I find the space in my day for that?" Well, we have a few strategies that might help.

Set your alarm 30 minutes earlier. Whether you choose to sit quietly, have a cup of coffee or sneak in a workout, as little as 30 minutes of quiet time—just for you—before the rest of the house wakes up can be just what you need to reboot and get ready to face the day with a fresh energy and outlook.

Schedule it like a business appointment. Block out 15-20 minutes on your calendar each day for some quiet time. That time is just for you, and you get to choose what to do with it. Take a walk. Stretch. Or just be still and enjoy the peace and quiet. No matter what you choose to do with your time, make sure it's *your* time.

Unplug. That me-time we just talked about? Maximize its effectiveness by unplugging. No Facebook, email, Twitter, etc. Plug your phone in across the room. Let it recharge while *you* recharge.

Shut the door. Whether you're taking your "me-time" at home or at the office, don't be afraid to shut your door. This will help your "me-time" from becoming "we-time".

SHINING MOMENTS

Amy Duty for helping me with scanning—from Margie

Carla for helping with a VA call—from Cara

Cindy P. for helping Rhonda on nights—

Environmental Services Staff for keeping the building smelling good—from Cara

Environmental Services Staff for their help with the basement flood—from Will

Will for the Great work during the basement flood, etc.—from Michael

All who helped with the Hot Chocolate Bar—from Mary

Josh Collins for helping with a situation in the office—from Mary

Meleny from coming in to write a letter for a family—from Cara

Will for your help with after-hours situation—from Michael

Riverview Therapy & Residents for the beautiful Christmas Cactus's—from Barb Libben of the Riverview Auxiliary

John Pratt, Conner Witt—Ottawa County IT for work on Adobe—from Amy

Amy for her work on the appeals & audits—from Becky

Amy for her assistance with fax issues—from Cara

Lisa Woods for covering Station 2

Karla Ruphry, STNA, moved where we needed her when we had a hole—from Sheila

Indyca Bonnell for assembling packets—from Amy

Andrea for helping take down Christmas trees—from Margie

Kyle for helping clear the sidewalks—from Will

Amy for her help with the E-MAR backup—from Will

Will for stopping to help a resident—from Cara

Administrative Team for helping make Riverview shine during LeadingAge Ohio Tour—from Michael

Activity Staff, recognizing a Great Staff during Activity Professional Week—from Margie

Nelson for his "outside the box" thinking to help prevent pipes from freezing—from Michael

Sarah Rinebold was on-call, came in, and then left due to not being needed—from Sheila

Megan Humphrey for helping with Station 1 admissions—from Emily

Amy Chaffin for helping on night shift during a challenging night—from Emily

Shannon Terry who brought in TV so residents could watch a movie—from Emily

Becky Rahm who helped with extra duties on nights—from Sheila

All Staff who made calls to families—from Meleny

Emily for her work on the flu outbreak—from Becky

Meleny for organizing the call tree to families—from Amy

All Staff who attended the Proclamation for a resident—from Margie

Rhiannon Neff who volunteered to help wherever she was needed—from Emily

JANUARY RESIDENT BIRTHDAYS

01.04.1947—Michael Bennett

01.09.1932—Jill Wilson

01.17.1939—Sandra Genzman

01.20.1933—Joyce Laubacher

01.20.1954—William Mathews

01.26.1941—Phillip Daniels

01.30.1939—Linda Meister

FEBRUARY RESIDENT BIRTHDAYS

02.04.1937—Sandra Finken

02.16.1938—Goldie Dangler

02.16.1945—Martha Phillips

02.25.1955—Jacqueline Hinkson

***Residents who have elected a "No Media" or "No Volunteer Listing" status, are not included on these lists.**

****Resident Birthday Parties will be held the 2nd Tuesday of each month****

JANUARY/FEBRUARY EMPLOYEE ANNIVERSARIES

Amy Duty—Medical Records (34 years)

Dawn Gladieux—STNA (29 years)

Lisa Dobbelare—Night Nrsg. Supervisor (28 years)

Kimberly Geldien—Customer Service (25 years)

Megan Knecht—Payroll/HR Assistant (22 years)

Margie Zunk—Dir. Of Activities (21 years)

Suzanne Barth—LPN (20 years)

Jane Wolf—Dir. Of Food & Nutrition (18 years)

Lisa Smith—STNA (8 years)

Kyle Ranzenberger—Janitor (3 years)

Andrea Carico—Activities Aid (2 years)

Cindy Parsons-Brundage—RN (1 year)

Deleshia Shaw—Hospitality (1 year)

Tricia Tallman—Activities Aid (1 year)

Jennifer Jackson—LPN (1 year)

DECEMBER 16—20, 2024
CHRISTMAS SPIRIT WEEK

UGLY CHRISTMAS SWEATER CONTEST

A heartfelt thank you to our dedicated staff and valued residents for your enthusiastic participation during the Christmas Season. On Tuesday, December 24 at 2pm we held our annual "Ugly Christmas Sweater Contest". We appreciate your commitment to creating a vibrant community here at Riverview Healthcare Campus.

CHRISTMAS TREES AT RIVERVIEW

Our campus once again looked AMAZING for Christmas! Thank you to Barb Libben of the Riverview Auxiliary. Barb spent many hours coordinating with numerous volunteer groups to decorate the different trees around the building. As well as making sure all the decorations are in the right spot for the groups.

This year over 40 individual trees were decorated on our campus by friends, residents, staff, the Auxiliary and community groups:

Riverview Industries, Riverview Auxiliary, Jr. Leaders 4-H Club, Goal Getters 4-H Club, Ottawa Co. Junior Fair Board, Oak Harbor High School Cheerleaders, Mary's Hair Design, The Ornament Girl—Kennedy Heintz and Heather Frank, Hartford On the River Residents, Lisa Molnar, Tina Gyde, Carol Benner, Diana Meiker, OSWCD—Ottawa Soil Water Conservation District, OSU Alumni, Shelly Shutte, Wreaths Across America and Oak Harbor Apple Festival Royalty.

The beautiful evergreen arrangements at the main entrance were donated by the Auxiliary at Riverview and designed by Wistinghausen Florist.

Thank you to the Riverview Therapy Team for providing and decorating their own trees.

A big shout out to Margie Zunk and her staff, who delivers and takes down the trees. Thank you to all the Riverview employees who decorated their offices or departments.

NATIONAL ACTIVITIES PROFESSIONALS WEEK
JANUARY 19—JANUARY 25, 2025

Activity Professionals continuously share their talents, creativity, spirit, enthusiasm, energy, love and compassion. Activity Professionals truly are the heartbeat of each and every facility. This is their week! Activity Professionals provide person-centered, therapeutic activities that recreate the mind, body and spirit of older adults.

Riverview's Activity Department is overseen by Director, Margie Zunk. Assisting Margie, is Kim Post, STNA, Julie Szczepanski, Ellie Spencer, Andrea Carico and Tricia Tallman. This department is available to our residents 7 days a week from 8am until 8:30pm. Offering a variety of activities.

Make sure you show your appreciation to these staff members during this special week dedicated to their department.

Activity
PROFESSIONALS
INSPIRE
ENGAGE
ENRICH

FOODSERVICE WEEK
FEBRUARY 3—FEBRUARY 7, 2025

Meals help meet many needs for everyone in and out of nursing homes. In nursing homes, meals and mealtimes are especially important. Many nursing home residents have special nutritional needs. Others may need food specially prepared due to digestive disorders. Mealtimes are one of the most important activities of each day and provide an important opportunity for social gathering and sharing. Due to their social and nutritional significance, meals are a major concern for most nursing home residents.

At Riverview Healthcare Campus these needs are met by our Food and Nutrition Department! The department is overseen by Director, Jane Wolf, RTD, who is also a Diet Technician. Jane ensures that residents get their correct nutrition as well as their likes and dislikes are managed. The Assistant Dietary Director, Chelsea Kitzler, oversees much of the day to day operations of our kitchen and dining rooms.

Riverview's Food & Nutrition Department also handle the meals of Ottawa County Senior Resources (Senior Centers and Home Delivered Meals). Approximately 300 meals per day are produced in our kitchen!

Please help Riverview honor this department during the week of February 3—7, 2025, Food Service Week, for all their hard work for our residents as well as the other programs they serve!

8180 W. State Route 163
Oak Harbor, Ohio 43449
Phone: 419-898-2851
Fax: 419-898-9501
www.riverviewhealthcare.com

Be sure to come and browse our Adorable little GIFT SHOP!

"Shop On The Square"

Open to the Public from 11am—2pm daily.
THERE IS LOTS TO SEE!

Cash or Check accepted

OUR CORE VALUES

Riverview Healthcare Campus has served the residents of Ottawa County for 153 years as a County-Owned Skilled Nursing Facility. We are also very proud that in 2020 we added Assisted Living to our list of services. In 2022 we were able to add Independent Living.

OUR CORE VALUES STATE...

"We deliver to our residents a level of service that anticipates and exceeds their needs. We measure and evaluate the effectiveness of the services we provide from the viewpoint of those whom we service. We require high standards of performance,professionalism and teamwork from our employees."